

Information pack

ALT PRESS

ERASMUS+ training course

08.04 - 14.04.2025. Croatia, Ogulin



What to expect in the following pages?

Project

A little sample of the theory and goals of the project.

Why?

To get you hungry for learning;) <3

Venue and City

Description of where you will be trapped with us for a week (?)

The city of Ogulin

Small city, large history

Travel

Answer to the question:

"Sounds Great!
How do I get there?"

Other

Other information that didn't fit anywhere else

Project Information

Alt Press is a project designed to introduce the transformative power of civic journalism to youth organizations and their youth workers. The aim of the project is to empower youth organizations and youth workers with tools, knowledge, and methodologies to enhance their capacity for civic engagement and democratic participation. By doing so, we seek to equip them with the ability to address societal challenges through creative and impactful journalism. The project focuses on fostering critical thinking, active citizenship.

and responsible participation by providing hands—on training opportunities that develop cognitive, practical, and affective skills. Through the exploration of civic monitoring, ethical decision—making, and media literacy, we aim to build the capacity of youth workers to inspire and guide young people in their communities. Participants will gain the confidence and skills necessary to tackle complex social issues, encouraging transparency, accountability, and social responsibility.

Alt Press is built on the principles of non-formal education and intercultural dialogue. It emphasizes democratic values, respect for diversity, and inclusion while fostering collaboration and social innovation. The project will enable participants to connect the dots between civic engagement, journalism, and community action, bridging the gap between theoretical knowledge and practical implementation.

Project Information

The main objectives of the Alt Press project are to:

- Understand the role of alternative journalism in promoting social change, civic engagement, and active citizenship.
- Enhance the professionalism and capacity of youth workers in addressing societal challenges through innovative methodologies.
- Foster intercultural dialogue, cooperation, and exchange of good practices among youth workers from diverse backgrounds.
- Equip youth workers with tools and methods to inspire young people in their learning and advocacy journeys, enabling them to become changemakers in their communities.
- Promote ethical journalism and the use of participatory methods to empower marginalized voices and highlight underrepresented stories.

By empowering youth workers with the skills and confidence to lead, this project seeks to create a ripple effect, inspiring young people across Europe to engage in meaningful dialogue, challenge the status quo, and contribute to a more inclusive and democratic society.

Alt Press is a call to action—inviting youth workers and their organizations to harness the potential of civic journalism as a powerful tool for change.

Preparation phase

Prior to attending the activity itself the participants are tasked to find/discover 2 sources/pages/people that regularly update their viewers/readers with news, information, facts, happenings, activities, policies concerning a certain issue or theme.

Follow-up Phase

In the follow-up phase each national team will be tasked with creating a social media page/persona. Using the page/persona the team will explore a certain subject in order to inform people on some key information concerning the topic.

The topic/subject for each national team will be chosen during the activity in Ogulin

Each team will also be responsible for sharing the knowledge from the training through a workshop in their local communities/organisation.

Travel Information

We expect you to arrive to the capital of Croatia, Zagreb:

- (A) Franjo Tu DMAN Zagreb Airport
- (B) Zagreb Central Bus Station
- (C) Zagreb Central Train Station

From the airport you can take the shuttle bus which leaves every 30 minutes to the Zagreb Main Bus Station (Autobusni kolodvor). The cost of a one-way ticket is 8.00 EUR and you can buy it from the bus driver (you need to have cash) or online. The drive lasts 30 - 45 minutes. The timetable is available here.

From Zagreb we advise you to take the train to Ogulin. The train ride takes about 2 hours, and it costs around 14€ for a return ticket.

Note: Return ticket is a few euros cheaper than buying one-way tickets. You can buy the ticket/s online or at the train station.

PLEASE, DON'T BUY ANY TICKETS BEFORE CONSULTING WITH US!

Please, don't forget to save all the travel invoices, tickets and boarding passes!

If we don't have original invoices of your travel expenses, we do not guarantee to refund your expenses.

To get from:

the Zagreb Bus Station to Zagreb Train Station (Zagreb Glavni kolodvor) take:

tram number 6 (direction: Črnomerec) exit at the tram stop called "Zagreb Glavni kolodvor" which is the main train station in Zagreb.

On every tram stop there is an info screen where you can see when the tram is coming and the direction.

Price of the tram ticket is cca 0.50 EUR and you can buy it in the tram from the driver or at the kiosk at the bus station.

(You must validate your ticket when you enter the tram.)

The drive lasts about 5-10 minutes. Zagreb Main train station is the 3rd stop from the Zagreb Rus Station.

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Travel Information

Zagreb Bus Station (Autobusni kolodvor Zagreb) - Zagreb Train Station (Glavni kolodvor)





This is where you arrive – Glavni kolodvor Zagreb.

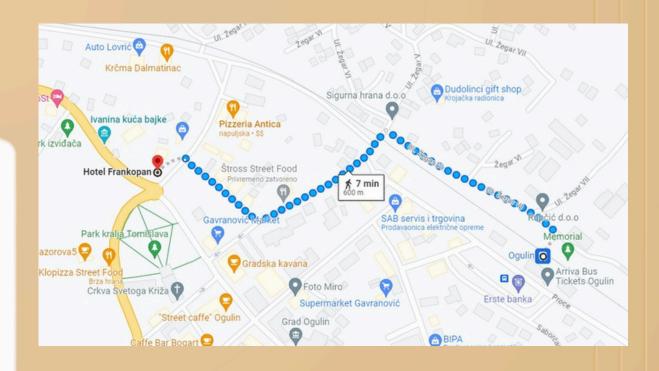
Then you find your train to
Ogulin,
and enjoy Croatian railways!

Travel Information

WELCOME TO OGULIN - THE HOMETOWN OF FAIRYTALES!



When you exit the train you will have a 7 minute walk to our accommodation - Hotel Frankopan!



Venue

Heritage hotel Frankopan is located in the centre of Ogulin, the centre of continental Croatia. It is located next to the old Frankopan castle from the 16th century built by the noble family Frankopan. Opposite of the hotel, you can find Dula's abyss, a hydrogeological monument of nature, where the river Dobra disappears under rocky cliffs in the enormous chasm in the city centre.



You will be accommodated in rooms in pairs with one king-sized bed. The rooms are spacious and unique in their decoration, they exude history and classic elegance imbued with modern elements and conveniences. The rooms are equipped with a bathroom, shower, Wi-Fi connection and minibar.

Unfortunately the hotel is not very accessible as it is missing elevators and ramps for acces to the rooms

We will have breakfast, lunch and dinner, as well as coffee breaks. Dietary needs will be taken into consideration. Please be sure to notify us if you have any special dietary requirements such as allergies, vegetarianism, food intolerance etc. If you contact us early enough, we can make sure we think of everything!

Other Information

There will be 33 participants, two trainers and one facilitator from the receiving organisation.

Participants should be youthworkers that have experience in implementing international projects with an emphasis on Erasmus+ and the European Solidarity Corps, who are members, employees or volunteers of the participating organisation, which insures the sustainability of results

FINANCIAL CONDITIONS

The food and accommodation will be provided and covered by the organisers during the project. In other words, you could use some pocket money aside. The organisers will reimburse your travel costs from your home city to Ogulin. Organisers will reimburse 100% of eligible travel costs up to the limit. Reimbursement of travel costs will only be done upon full attendance in the project, including follow-up phase and disemination and presentation of the tickets with boarding passes and reciepts/invoices.

Missing tickets cannot be reimbursed <3

Travel costs will be reimbursed through the sending organisations by bank transfer after the training course. All participants have to send/upload the necessary documents (tickets, boarding passes, invoices, reciepts etc.)

Reimbursement will be done after participants have completed dissemination activities and filled out final reports!

The local currency is Euro. In Zagreb and Ogulin you can pay either with cash or bank cards (but not everywhere)

THERE WILL BE ONE INTERCULTURAL EVENING WHERE PARTICIPANTS CAN INTRODUCE THEIR COUNTRY, CUSTOMS, VALUES, TRADITION AND CULTURE.

WE ENCOURAGE YOU TO INTRODUCE DANCES, SING SONGS, CHALLENGE YOURSELVES AND EVERYONE ELSE

- GO BEYOND A SIMPLE PRESENTATION!

PLEASE, DO NOT BRING FOOD THAT NEEDS COOKING!

What to bring:

- your passport and/or ID card
- health insurance card or european health insurance card
- we recommend that you have travel insurance but,
 please keep in mind that it is not
- covered by the project
- national snacks, drinks, easy food, specialties,...
- medicines if you need them (anti-allergy pills, pain killers, aspirin etc.)
- good energy:)

<u>Your contact at LAG Vallis Colapis is Mislav:</u> <u>mislav.sipek@vallis-colapis.hr</u>